

**AAA provides abuse prevention training to people to protect themselves and keep themselves safe!**

**"IT WAS FUN!"**

**"IT WAS SAFE TO SHARE."**

**"IT DIDN'T CENTRE ANYBODY OUT."**

***Recent AAA Presentations***

*Community Living Ontario Conference (2013)*  
*OADD Conference (2013)*  
*Ryerson University (2013)*  
*Speaking Out Conference (2012)*

**Are You Interested In Learning More About AAA?**



**Are You Interested In Becoming a AAA Self-Advocate Trainer?**

Check out  
[www.advocatesagainstabuse.com](http://www.advocatesagainstabuse.com)

Christian Horizons  
[www.christian-horizons.org](http://www.christian-horizons.org)

Community Living Chatham-Kent  
[www.clc-k.ca](http://www.clc-k.ca)

Community Living Essex County  
<http://communitylivingessex.org>

Community Living Windsor  
[www.clwindsor.org](http://www.clwindsor.org)

VITA Community Services  
[www.vitacls.org](http://www.vitacls.org)



**Advocates Against Abuse**



## What is Advocates Against Abuse (AAA)?

Training on abuse prevention that is *taught by* people who have an intellectual disability *to* people who have an intellectual disability.

The information provided in the Advocates Against Abuse training provides powerful tools for people to use to prevent abuse.

The training has been developed in partnership with Self-Advocates, Direct Support Professionals, Managers, and Directors from:

- Community Living Essex County
- Community Living Windsor
- Community Living Chatham-Kent
- Christian Horizons
- VITA Community Services
- Consultant, Dave Hingsburger

The initial funding for Advocates Against Abuse was provided by *Green Shield Canada*.



## What does AAA accomplish?

- Supports advocacy by enabling Self-Advocate Trainers to lead the training sessions
- Increases collaboration and connections between people supported and service provider agencies
- Connects different agencies together to provide the same training on abuse prevention
- Creates a training that is straightforward and easy to understand
- Provides training to help people to live a safe life without abuse
- Shares information with people so that they are able to identify different types of abuse
- Teaches how to report and to know who to report to if someone felt they were being abused

*and...*

**MAKES LEARNING FUN!**



## Who would benefit from the AAA training?

Any person who has an intellectual disability and who is:

- comfortable in an interactive classroom environment for 2 hours
- prepared, but not required, to participate with the Trainers and their fellow audience members.
- interested in learning how to keep themselves safe

## Personal Pledge of Power

I am unique  
There is only one me  
I am different from everyone else  
  
No one has a right to hurt me  
No one has a right to call me names

My body is my own  
My mind is my own  
My heart is my own

I will keep myself  
**PROTECTED**  
**POWERFUL**  
**PROUD**

When I need to, I will say:  
**NO! Back Off! Leave Me Alone!**

I will take care of myself

I will take care of everyone here